

Fruit Skewer Instructions

Ages 1-6

Materials Needed:

Wooden Skewers

Assorted fruit, such as white grapes, purple grapes, pineapple, apples, strawberries, blue berries, etc.

Instructions:

1. Depending upon the age of the child, you may want to prepare the fruit skewers allowing the child to dictate the pattern for the fruit.
2. Choose a pattern for the skewer, i.e, "grape, strawberry, blue berry, pineapple" or grape blue berry, blue berry, grape, blue berry, blue berry" , etc.
3. Attach each piece in this order. Help the child to see that many things in our lives make a pattern
4. Reinforce the pattern as the child pulls them off and eats them.

Project Expanded into Additional Subjects:

1. Science: Nutritional value of fruit.
2. Math: Patterns
3. Art: Color of fruit
4. Literature: Stories about eating, fruit, how the body works.